

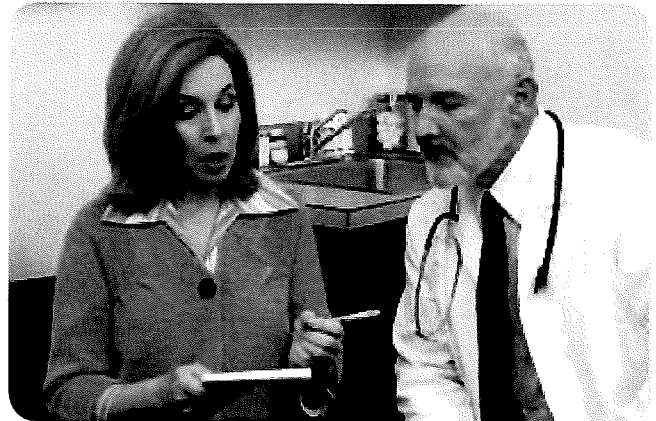
What are the symptoms of an asthma flare-up?

You may be having an asthma flare-up or attack when you notice the following:

- Wheezing
- Shortness of breath
- Chest tightness or pain
- Coughing
- Trouble sleeping because of coughing or wheezing

These symptoms can happen at any time. See your health care provider as soon as possible if you have symptoms more than 2 days a week.

Get emergency treatment at a hospital if asthma symptoms make it hard for you to breathe.



TIP

Always have your rescue medicine handy so that you can take it as soon as you start having symptoms.



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